

FREE Summer Meals



School District of the
Menomonie Area



July/August 2023 Menu- River Heights Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin Juice Fruit Milk	Granola Round Juice Fruit Milk	Breakfast Bread Juice Fruit Milk	Oatmeal Bar Cheese Stick Juice Fruit Milk	Mini Waffles Juice Fruit Milk

Lunch

31 Cheeseburger on WG Bun Baby Carrots Fruit Milk	Aug 1 Ham Croissant Sun Chips Snap Peas Fruit Milk	2 Chicken Filet on WG Bun Red Pepper Strips Fruit Milk	3 Turkey Wrap Cucumber Slices Annie's Grahams Fruit Milk	4 Pizza Fruit Veggie Milk
7 Corn Dog Baby Carrots Fruit Milk	8 Turkey Deli Sandwich Cucumber Slices Annie's Grahams Fruit Milk	9 Chicken Tenders Sun Chips Red Pepper Strips Fruit Milk	10 Italian Sub Snap Peas Fruit Milk	11 Pizza Fruit Veggie Milk
14 WG Macaroni & Cheese Snap Peas Fruit Milk	15 Ham Croissant Sun Chips Cucumber Slices Fruit Milk	16 Walking Tacos Baby Carrots Fruit Milk	17 Chicken Ranch Wrap Red Pepper Strips Annie's Grahams Fruit Milk	18 Pizza Fruit Veggie Milk

Menu Subject to Change Due to Availability
This Institution is an Equal Opportunity Provider

